



Slow Food®Dallas *Support good, clean, fair and local producers*

Links to explore

Slow Food International: <http://www.slowfood.com>

Slow Food USA: <http://www.slowfoodusa.org>

Slow Food Dallas: <http://www.slowfooddallas.org>
<http://slowfooddallas.blogspot.com/>

Slow Food is good, clean and fair. We believe that the food we eat should taste good; that it should be produced in a clean way that does not harm the environment, animal welfare or our health; and that food producers should receive fair compensation for their work, and that all people should have access to this good and clean food.

Good

Naturally delicious food created with care from healthy plants and animals.

Clean

Grown and harvested with methods that have a positive impact on ecosystems and biodiversity.

Fair

Produced by people who are treated with dignity and justly compensated for their labor.

Today, we have over 80,000 members in over 130 countries across the world. [Join us!](#)

The Dallas Convivium of Slow Food was launched in the Spring of 2003 when interest in this area reached a critical mass. It is, by its nature, a grass-roots group that ebbs and flows based on what members want and contribute.

Our name says Dallas, but our members live in Addison, Aledo, Allen, Arlington, Carrollton, Cleburne, Coppell, Dallas, Farmers Branch, Flint, Fort Worth, Frisco, Glen Rose, Grand Prairie, Greenville, Hurst, Irving, Lewisville, McKinney, Plano and Tyler, Texas, and in Conway, Fayetteville, and Little Rock, Arkansas.

How to Renew or Join Slow Food USA

All memberships for Slow Food USA are processed by the national office.

Telephone: 877-SlowFood

Visit www.slowfoodusa.org Membership and Support page



How to 'Go Slow'

As a producer, cook, or consumer (co-producer) there's a lot you can do to go slow:

Co-producers:

- Start a local chapter
- Become a [member](#)
- Shop at a [local farmers' market](#)
- Join a [CSA](#)
- Pay fair prices for food
- Trace your food sources
- Invite a friend over to share a meal
- Visit a [farm](#) in your area
- Start a kitchen garden
- Learn your local food history
- Request [Ark](#) foods at your favorite restaurants and grocery stores

Farmers/Producers:

- Notify SFUSA if you're growing [Ark of Taste](#) foods
- Host a farm visit with Slow Food Convivia and Terra Madre delegates
- Offer a restaurant a CSA share
- Participate in a [RAFT](#) grow-out of endangered seeds

Cooks:

- Develop a relationship with your growers/producers
- Source directly from the [US Ark of Taste](#)
- Host an "Invite a Farmer to Dinner" series
- Create a recipe with an Ark food
- Host a tasting of regional food for faculty and students at a local university



Slow Links - useful links to Slow Food and other food related sites from around world

Slow Food USA and International Sites

Slow Food Dallas blog

<http://slowfooddallas.blogspot.com/>

Slow Food USA

<http://www.slowfoodusa.org>

Slow Food USA blog

<http://www.slowfoodblog.org/>

Slow Food USA Ark & Presidia - see a list of current products

<http://www.slowfoodusa.org/ark/index.html>

http://www.slowfoodusa.org/ark/ark_list.html

Slow Food USA RAFT - country's first eco-gastronomic conservation project

<http://www.slowfoodusa.org/raft/index.html>

Slow Food Foundation for Biodiversity - learn about projects of the Ark of Taste and the Presidia

<http://www.slowfoodfoundation.com/eng/arca/lista.lasso>

Slow Food International

www.slowfood.com

Slow Food International - locate 'convivia' around the world

http://www.slowfood.com/about_us/eng/where.lasso

Slow Food International Slow magazine - view past issues of Slow

<http://editore.slowfood.it/editore/eng/slow.lasso>

Sloweб – online weekly news by Slow Food

http://sloweб.slowfood.com/sloweб/welcome_eng.lasso

Slow Food on Film - links to web videos

<http://www.slowtube.org/>



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Slow Food University of Gastronomic Sciences - international research and training center, working to renew farming methods, protect biodiversity and maintain an organic relationship between gastronomy and agricultural science

<http://www.unisg.it/eng/index.php>

Finding Local Foods

View our [Local Picks](#) page for local stores and producers

Texas Organic Farmers and Gardeners Association - check out the Local Food Locator for Texas

<http://www.tofga.org/>

<http://www.tofga.org/index.php?page=34>

Dallas Farmer's Market Friends - supporting the farmers and learning programs at the Dallas Farmers Market

<http://www.dfmfriends.org/>

Eat Well - directory of sustainably-raised meat, poultry, dairy and eggs from stores, farms and restaurants in your area

www.eatwellguide.com

Eat Wild - information about grass-fed and organic beef, pork, lamb, bison, dairy products, and poultry

www.eatwild.com

Heritage Foods USA - brings hard to find heritage foods with superior taste directly to American homes. A sponsor of Slow Food and donates a portion of its profits to support Slow Food projects.

<http://www.heritagefoodsusa.com>

Local Harvest - find family farms, farmers markets and other sources of sustainably grown food in your area

www.localharvest.org

Local Harvest CSA - find CSA farms in your area

<http://www.localharvest.org/csa/>

Fall Creek Farms, Granbury, Texas - Pick your own strawberries, peaches and vegetables

<http://www.upicktx.com/>

Go Texan - Texas Agriculture marketing site, find producers of Texas made food products, including wine

<http://www.gotexan.org>

Dallas/Ft. Worth Nourishing Foods Provider List

<http://www.traditionaltx.us/>



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Texas Certified Farmers Markets - organization of farmers market associations across the state of Texas
<http://www.texascertifiedfarmersmarkets.com/members.html>

List of organic producers in Texas
<http://www.saynotogmos.org/tda.htm#producers>

Pick Texas - List of farmers markets located across Texas
<http://www.picktexas.com/>

Edible Austin - list of good food resources around Austin and Texas
<http://www.edibleaustin.com/pages/resources.htm>

Texas Department of Agriculture
<http://www.agr.state.tx.us/>

Local Farmer's Markets

Information on Local Farmers Markets
See the Dallas Morning News for a comprehensive [article](#) and [map](#) on local markets.

Star Chefs list of Texas Farmers Markets
http://www.starchefs.com/features/farm_fresh/html/texas.shtml

[Coppell Farmers Market](#)

The market is located at 455 W. Bethel Road, Coppell, TX 75019.
For information, contact 972.304.7043 or email [farmersmarket\[at\]ci\[dot\]coppell\[dot\]tx\[dot\]us](mailto:farmersmarket@ci.coppell.tx.us).

[Dallas Farmers Market](#)

<http://www.dallasfarmersmarket.org/>

Eden's Organic Garden Center
4710 Pioneer Road, Balch Springs
214.348.EDEN (3336)
<http://www.safe-gardens.com/>

[Frisco Farmers Market](#)

Every Friday & Saturday 8:00 am to 1:00 pm or sell out
[Frisco Square](#)
8856 Coleman Blvd., Frisco, Texas 75034
<http://friscofarmersmarket.com/home.html>



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[McKinney Farmers Market](#)

Downtown McKinney, Corner of Church & Louisiana Streets

214-850-0886

<http://www.mckinneyfarmersmarket.com>

For information, contact Stacy Blowers at email [stacyblowers\[at\]yahoo\[dot\]com](mailto:stacyblowers[at]yahoo[dot]com)

Cheese and Dairy

View the Slow Food Dallas [Texas Cheese Plate](#) page for local Texas cheeses

American Cheese Society - nonprofit includes farmstead, artisanal and specialty cheesemakers from the United States, Canada, and Europe. With Slow Food USA, the ACS co-founded the Farmstead Cheese Consortium.

<http://www.cheesesociety.org/>

Artisan Made: Northeast - resource for artisan made foods in the Northeast and underwriter for PBS broadcast of *The Cheese Nun*

http://www.artisanmade-ne.com/artisan_events.htm

Cheese By Hand - read about Michael Claypool and Sasha Davies discovering America one cheese at time

<http://www.cheesebyhand.com>

Houston Dairymaids - Kendra and Lindsey bring the best of artisanal Texas cheeses to the Houston market

<http://www.houstondairymaids.com/home.html>

<http://www.dairymaiddiary.blogspot.com/>

Raw Milk Cheesemakers' Association - home for American raw milk cheesemaker's

<http://rawmilkcheese.org/index.htm>

Small Dairy - sources of wholesome dairy foods and the tools to produce them

<http://www.smalldairy.com/dairy%20products.html>

Beef and Poultry

View our [Heritage Turkeys](#) page for local North Texas producers

American Grassfed Association - protects and promotes true grassfed producers & grassfed products

<http://www.americangrassfed.org/>

American Livestock Breeds Conservancy - nonprofit working to protect nearly 100 breeds of cattle, goats, horses, asses, sheep, swine and poultry from extinction.

<http://www.albc-usa.org/>

American Pastured Poultry Producers Association - clearinghouse for innovations and refinements to the



pastured poultry model

<http://www.apppa.org/index.html>

Certified Humane Raised & Handled - inspection, certification and labeling program for meat, poultry, egg and dairy products from animals raised to humane care standards

<http://www.certifiedhumane.org/index.html>

The Meatrix is a product of the first-ever Free Range Flash Activism Grant. The Meatrix film highlighted four ways in which factory farms affect us.

<http://www.themeatrix.com/action/>

Seafood

Audubon's Living Oceans - Audubon's national seafood wallet card

<http://seafood.audubon.org/>

The Fish List - easy tool that helps you make the best possible seafood choices

<http://www.thefishlist.org/index.shtml>

Seafood Watch Monterey Bay Aquarium - identifies seafood caught or farmed in ways that support a healthy environment

<http://www.mbayaq.org/cr/seafoodwatch.asp>

Wine and Beverages

Texas Wine and Grape Growers Association

<http://www.txwines.org/index.html>

Way Out Wineries wine tour - W.O.W. is an organization of eight central Texas wineries

<http://www.wayoutwineries.org/>

Chefs and Cooking

Chefs Collaborative - national network of more than 1,000 members of the food community who promote sustainable cuisine by celebrating the joys of local, seasonal, and artisanal cooking

www.chefscollaborative.org

Green Restaurant Association - helps restaurants and its customers become more environmentally sustainable

<http://www.dinegreen.com>

Star Chefs - online magazine, serving the foodservice industry and food aficionados

<http://www.starchefs.com/>



Sustainable and Organic Food and Gardening Resources

Resources for sustainable living from Michael Pollan

http://www.michaelpollan.com/eat_sustainably.pdf

Beyond Organic radio show - environmental radio and multimedia program, addressing issues of organic food and farming, social and environmental sustainability.

<http://www.beyondorganic.com/>

Biodynamic Farming and Gardening Association

<http://www.biodynamics.com/>

CCOF - California Certified Organic Farmers - consumer and producer resources

<http://www.ccof.org/index.html>

Cornucopia Institute - Organic Integrity Project, promoting economic justice for family-scale farming

<http://cornucopia.org>

Environmental Commons - works to preserve our natural areas, protect wildlife, and promote sustainable policies using education and informed discussion

<http://www.environmentalcommons.org/index.html>

Green Tables - Les Dames d'Escoffier in conjunction with the National Gardening Association aim to create a healthier food supply through educational programs

<http://greentables.org/index.php>

Grocery Store Wars (Star Wars parody). Learn the ways of the FARM.

<http://www.storewars.org/flash/index.html>

The Herb Cottage - a plant nursery located in Lavaca County, Texas that grows and sells herbs, a selection of heirloom vegetables, Texas natives, perennials and vines adapted to the Texas climate

<http://www.theherbcottage.com/>

Michael Pollan - environmental journalist, author and professor. Most recent book is *The Omnivore's Dilemma: A Natural History of Four Meals*.

<http://www.michaelpollan.com>

National Farmers Union - organization of farmers supporting rural economic and cooperative development

<http://www.nfu.org/>

National Gardening Association - see how NGA and its nonprofit partners are using gardens to build thriving school programs, strong communities, and healthy families



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<http://assoc.garden.org/ag/>

National Sustainable Agriculture Information Service - organic farming, sustainable

<http://attra.ncat.org/index.html>

Organic Consumers Association - crucial issues of food safety, industrial agriculture, genetic engineering, corporate accountability, and environmental sustainability

<http://www.organicconsumers.org/index.htm>

Organic Trade Association - find certified organic products, producers, ingredients, supplies and services

<http://www.ota.com/index.html>

Southern Foodways Alliance - celebrate, teach, preserve and promote the diverse food cultures of the American South, including parts of Texas

<http://www.southernfoodways.com/>

Sustain - UK based alliance for better food and farming

<http://www.sustainweb.org/>

Sustainable Food News - daily online news service to the organic, sustainable and natural food industries

<http://www.sustainablefoodnews.com/>

Sustainable Table - educates consumers on food-related issues and works to build community through food (home to the [Eat Well Guide](#) and [Meatrix](#) movies)

<http://www.sustainabletable.org/>

Wild Farm Alliance - promotes agriculture that helps to protect and restore wild Nature

<http://www.wildfarmalliance.org>

All About Food

Dallas Morning News Food Section

<http://www.dallasnews.com/texasliving/food/>

<http://eats.beloblog.com/>

Dallas Morning News Guide Live - restaurant reviews and more

<http://www.guidelive.com/section/restaurants/>

Dallas Observer - dining reviews and news about town

<http://www.dallasobserver.com/Issues/current/restaurants/index.html>

D Magazine - SideDish food blog

<http://sidedish.dmagazine.com/>



Fort Worth Foodie Magazine

http://fwfoodie.com/home/fort_worth_foodie/

Fort Worth Star Telegram Food Section

<http://www.star-telegram.com/food/>

Pegasus News - online dining news about Dallas

<http://www.pegasusnews.com/living/dining/>

Chowhound - hounds opine, bicker, and rave to their hearts' content

<http://www.chowhound.com>

Texas forum - <http://chowhound.com/boards/show/5>

DallasFood - local blog about food, restaurants and wines

<http://www.dallasfood.org/>

Edible Nation - blog for Edible Communities

<http://www.ediblenation.com/>

eGullet - national and international forums discussing local restaurants, food and wine

<http://forums.egullet.com/index.php?act=idx>

The Food Section - publishes original food writing and photography and scours the web for links to culinary news and events, recipes, and gastronomical ephemera

<http://www.thefoodsection.com/>

The Nibble - new online magazine about specialty foods and the gourmet life

<http://www.thenibble.com/home/index.asp>

Tasting Menu - a repository for thoughts and notes about eating experiences

<http://www.tastingmenu.com/default.htm>

Eats and Drinks - radio personality Jim White's local restaurant, chef and event information

<http://www.eatsanddrinks.com/>

Food Safety

Consumers Union guide to environmental labels

<http://www.eco-labels.org/home.cfm>



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Consumers Union food pages

<http://www.consumersunion.org/food.html>

Food and Water Watch - take action about your food and water

<http://www.foodandwaterwatch.org/>

Foodnews - handy shopper's guide to pesticides in produce

<http://www.foodnews.org/walletguide.php>

Local Food Inspection Scores – links for local health inspection scores

<http://www.guidelive.com/feature/285/>

Texas Slow Food Convivia

Slow Food Austin

<http://www.slowfoodaustin.org/>

Slow Food Cat Spring

<http://www.blisswood.net>

Slow Food Houston

<http://www.slowfoodhouston.com>

Slow Food El Paso

- no web site -

Slow Food San Antonio

<http://www.thunderheartbison.com/>

Slow Life

Earthdinner - a joyful, animated, and inspiring theme dinner party held at least once every year, connecting people to the earth, their food and each other. It can be as planned or as spontaneous as you like.

<http://www.earthdinner.org/index.html?view=1>

Long Now Foundation - an organization that aims to promote "slower/better" thinking

<http://www.longnow.org>

Slowdesign - a cultural space to stimulate debate around the concept of 'slow design'

<http://www.slowdesign.org/>



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SlowLab - design think tank devoted to searching out the slow in cutting-edge design
<http://slowlab.net/index.html>

Slow Approaches

Culinary travel - Italy: Divina Cucina (Judy Witts Francini) - Florence, Tuscany
<http://divinacucina.com/code/meetjudy.html>

Culinary travel - Italy: Lucca and the Garfagnana
<http://www.sapori-e-saperi.com/>

Culinary travel - Italy: Florence, Tuscany
<http://www.slowtrails.com.au/>

Culinary travel - Southwest France: Paula Lambert
<http://www.mozzco.com/classes.html>

Culinary travel - Texas: Food Roots, Mary Kimbrough
<http://www.foodroots.com/Index.html>

Food history - for kids through adults
<http://www.foodmuseum.com>

Local Food Publications
<http://www.ediblecommunities.com>

Farm trail: Butte County, CA (north of Sacramento)
<http://www.sierraoro.org/>

Films about food - Production, Consumption, Politics
<http://www.lib.berkeley.edu/MRC/fooddocs.html>

Food Fight – documentary film coming to screens near you (2008); make a huge difference, one meal at a time
<http://www.foodfightthedoc.com/foodfight.html>